WISH















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Make A Donation

Scan the QR code using your mobile banking app OR select PayNow and key in our UEN 201916704W. For tax deduction purpose, please enter the following details into the reference field: WEB<space>NRIC/FIN/UEN

Please ensure that your NRIC/FIN/UEN is provided if you would like to receive tax deduction. Your donation will be submitted by Ambulance Wish Singapore for tax deduction and it will be automatically reflected in your next tax bill (Notice of Assessment) if you have provided a valid NRIC/FIN/UEN number.



*Donations of \$\$50.00 and above are eligible for 250% tax deduction.



About Ambulance Wish Singapore

UEN: 201916704W

Ambulance Wish Singapore is a registered charity incorporated in May 2019 that supports terminally ill patients and their loved ones through the simple but deeply meaningful act of wish-granting. Ambulance Wish Singapore is an Institution of Public Character (IPC).

By helping to fulfil these wishes, Ambulance Wish Singapore wants to transform the end-of-life experience for patients with a limited prognosis of less than 12 months, giving them and their families a measure of joy, peace and comfort.

As a volunteer-led organisation, the work of Ambulance Wish Singapore is an extension of the provision of care for the dying that goes beyond the walls of hospitals and hospices, to impact homes and hearts.

Our work is rooted in our motto, "Fulfilling Wishes, Celebrating Lives".

Our Mission

To create positive end-of-life experiences for terminally ill patients through the fulfilment of their final wishes.

Our Vision

To transform the end-of-life experience of terminally ill patients and their loved ones, beyond basic palliative care services.

FOREWORD

At Ambulance Wish Singapore, we are privileged to witness how compassion reshapes end-of-life experiences into journeys filled with dignity, meaning and comfort. When clinical expertise meets human connection, remarkable transformations can occur.

As we celebrate Nurses Day on 1 August 2025, we pay tribute to the extraordinary professionals who make these transformations possible. Our palliative care nurses embody a unique alchemy of clinical excellence and heartfelt compassion, delivering not just medical care but human connection when it matters most. Their ability to recognise when a patient might benefit from a wish experience and empathise with them makes them invaluable partners in our mission.

This same dedication extends across our healthcare ecosystem. Doctors skilfully balance medical knowledge with thoughtful care, while medical social workers and other allied healthcare professionals provide crucial support to patients and families navigating challenging circumstances. Together, this collaborative approach creates the foundation for comprehensive care that honours each individual's medical, physical, emotional and personal needs.

Within these pages of Wish Beat, you will discover stories that capture the essence of our shared work and mission. Each narrative reveals how meaningful experiences, be it family reunions, visits to special places, or enjoying life's simple pleasures, can bring comfort and create lasting memories. These accounts demonstrate the power and impact of our collective efforts.

We would like to take this opportunity to thank our healthcare partners, particularly our nursing colleagues. Thank you for co-authoring these stories of comfort and connection. Your daily acts of kindness, both seen and unseen, inspire our work and affirm why this mission matters so deeply.

We invite you to read these accounts not merely as stories, but as living proof of what's possible when a community unites to honour life's most precious moments. Even in life's most challenging chapters, space always remains for joy, dignity and human connection.

Aloysius Wee Chairperson Ambulance Wish Singapore



FULFILLING AWISH



An Afternoon of Stories and Superheroes

Dr Roger Tan

4 May 2025

AWS volunteers Lionel, Grace, Gina, May, Caral and Lin Xin gathered early to transform the GVmax cinema at VivoCity into a welcoming environment, ready for the celebration ahead.

The occasion? Dr Roger Tan's book launch of *Dear Inmates: Daily Emails to Prisoners* and private movie screening of Marvel's *Thunderbolts*.

The event brought together Roger's family, friends and professional associates who gathered to honour the powerful message behind the book, reflecting Roger's unwavering belief in second chances, human dignity and the power of consistent kindness.

Roger autographed books, penned words of gratitude and thanked individuals and communities that inspired and sustained his mission. Every note reflected his deep appreciation for everyone who stood by him throughout his journey and his battles with liver cancer.

Adding to the spirit of giving and inclusivity, children from **Club Rainbow** were specially invited by Roger to enjoy the movie screening together.

As the lights dimmed for the movie and smiles lit up the theatre, it was clear that the impact of kindness, both on the pages of Roger's book and in real life, was being deeply felt by the 400 guests in attendance.



Roger with Club Rainbow's representative during an exchange of tokens of appreciation.











From Left to Top Right: Roger leaving a note of encouragement in his book, Roger with loved ones, Roger penning autographs

Bottom Row: Roger with AWS volunteers, Roger giving a speech to thank his family and peers for their attendance.

Generations in Frame

Mdm Foo Sock Hua Mary 12 January 2025

A three-generation family portrait.

That was Mdm Foo's cherished wish, shared through her husband with AWS volunteers Jill, Wee Nie and Kezia.

Her octogenarian husband, a retired army man, had taken charge of the day's details with the steady precision of his past work. His love for her had remained constant, and as her health waned, he had become her anchor, quietly tending to her needs and offering a reassuring hand through the difficult path of her end-of-life care.



Mr Foo proudly poses with Mdm Foo, his arm wrapped around her in a loving protective manner.



Mr Foo tenderly gives his wife a peck



Mr Foo reassures Mdm Foo and holds her hand for reassurance

Mdm Foo, a breast cancer survivor, had lost her voice to amyotrophic lateral sclerosis, yet her presence spoke powerfully through expressive eyes and subtle gestures, each conveying love and gratitude.

As the portrait session began, Mdm Foo was overwhelmed with emotions. The weight of time, memories and life's changes pressed heavily.

For a moment, she wept.

Her husband, with his usual quiet strength, steadied her, offering his hand as silent reassurance. He wiped her tears gently and she gathered herself, a faint smile playing on her lips as she composed herself for the photos that had meant so much to her.

For Mdm Foo, this moment was everything: her beloved family gathered together, sharing this priceless gift of connection.

To Mum, With Love

Mr Lim Wee Loon

10 December 2024

Though their visit to Gardens by the Bay lasted just an hour, for a mother and her only child, time stood still in a lifetime of love.

Mr Lim's wish was to experience the beauty of Gardens By The Bay with his beloved mother, girlfriend and uncle.

AWS wish granters Jo-Ann, Lee Keng and Elaine transformed this wish into something extraordinary. Upon arrival, they presented the family with personalised sweaters - each lovingly adorned with handcrafted crocheted brooches. Every stitch and colour choice, meticulously crafted by Jo-Ann, carried special meaning.

The volunteers also presented his mother with both a walking stick and a hydrangea bouquet - the flowers symbolising gratitude and enduring love, creating a memory to cherish forever.

Throughout the visit, Mr Lim's playful nature shone brightly. Watching his cheerful antics, his mother remarked that this was simply his true character coming to light.

The moment brought to mind Victor Hugo's words:

"Life is the flower for which love is the honey."



Top: Mr Lim with uncle, mother and girlfriend
Bottom, from left: Mr Lim poses for a picture with his mother, Mr Lim holds his mother's hand reassuringly,
Mr Lim and his girlfriend playfully poses for the camera

WISH YOUR SHOWN THE SHOWN

Volunteer Training

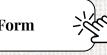
12 July 2025

We gathered a new wave of passionate volunteers, each brimming with enthusiasm as they embarked on their wish-granting journey. More than 60 dedicated individuals came together, their energy and commitment evident from the outset.

The training room hummed with inspiration as experienced wish granters shared moving accounts from their missions – stories that taught not just the practicalities of logistics but also deeper lessons in empathy, patience and the life-changing power of a fulfilled wish.

This session was more than mere preparation, it marked the beginning of a shared pledge to transform kindness into tangible change. With every story shared and every skill learned, our volunteers took their first steps toward creating moments of joy that would last a lifetime.













Ladies Tennis Singapore Luncheon

13 May 2025

We were honoured to participate in Ladies Tennis Singapore's Luncheon as guest speakers, sharing our wish fulfilment mission with their esteemed members.

The afternoon fostered meaningful discussions about life's important transitions, where we explored how thoughtful planning becomes both an act of care and a celebration of life's most precious moments.



AWS volunteers helping out at the event booth

Shell Network Of Women (NOW) Charity Bowl

4 July 2025



Exchanging token of appreciation between Ambulance Wish Singapore and Shell

Ambulance Wish Singapore extends our gratitude to Shell Network of Women (NOW) for their support at the Charity Bowl on 4 July 2025.

The funds raised will support our work in creating special moments and lasting memories for our beneficiaries and their loved ones. We appreciate Shell's partnership and shared commitment for our cause.

If you would like us to share our work with your organisation, whether through talks, workshops or collaborative events, please reach out to us by clicking on the link below.



60th Birthday Fun-draiser

27 June 2025



AWS representatives present a commemorative gift to Sook Mei in recognition of her generous support.

In June, AWS supported our volunteer Sook Mei's 60th Birthday Fun-draiser, a heartwarming private movie screening at Golden Village Cinema in Plaza Singapura. The celebration brought together close friends and family, and successfully raised \$10,000 for our cause.

This special evening beautifully combined milestone celebrations with meaningful philanthropy, creating lasting memories while supporting AWS's mission.

I realised that in my family, turning 60 meant a life milestone . It seemed to be marked with a grand dinner together!

Then I asked myself: "Is that really for me?" So, I decided to think outside the box and do something meaningful to mark the occasion.

That's when I thought of inviting my family, colleagues and closest friends to a movie and coupling it with a private fundraiser for my chosen charity. Because I'm born in the year of Singapore's independence I decided to make a logo like the SG60 logo for my event too!

In the end, we were blessed to have almost 100 people attend the private movie screening of F1 (the new Brad Pitt film). The movie was released globally just a day before my event. What pleasantly surprised me is the opportunity this movie event created for the enjoyment of those from 8 (my nephews) to 80 (my aunt)!

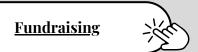
It was so nice seeing my colleagues come with their spouses and partners for a "date night" and for my matured friends, an occasion to watch something on the big screen after a long time!

There were also some F1 aficionados who said they had waited 18 months for this movie's launch. And I'm grateful that AWS could also bless some of your hardworking volunteers with an opportunity to be at the movie with us too. To top it off, we exceeded our fundraising target of \$10,000 through the generosity and support of many.

My heart is full and thankful! 99

- Sook Mei

We welcome partnerships for fundraising initiatives including charity events, corporate giving programmes and community campaigns. For collaboration opportunities, please reach out to us by clicking on the link below.



REFERA WISH

Four simple steps to fulfilling a wish

Form must be completed and signed by the patient, next-of-kin or official referrer (physician/medical social worker).

Wish Request Form



Wish Eligibility - Ambulance Wish Singapore will do the necessary check to confirm whether the patient is medically eligible to receive the wish.

Anyone aged **19 and above** who has **<12 months prognosis**. This includes people whose death is imminent (expected within a few hours or days) and those with:

- **End-stage conditions**, for example, organ failure and late-stage cancer
- General frailty and co-existing conditions that mean they are expected to die within 12 months
- Conditions that put them at risk of dying from a sudden acute crisis
- Life-threatening acute conditions caused by sudden catastrophic events
- Is Singaporean or Permanent Resident
- Has not received a wish from another organisation

Patient who may be eligible to receive a wish can be referred by:

- Medical professionals (e.g. doctor, nurse, allied health professional, medical social worker)
- Family members with detailed knowledge of patient's current condition

A patient may also apply for a wish directly by filling in the form in the link above.

3 Determining the Wish

Ambulance Wish Singapore assigns a team of volunteer wish granters to carry out the wish request.

With the assistance of medical social worker/wish referrer, wish granters will have a chat with the patient/next-of-kin to determine what their one true wish will be.

Granting the Wish

Once the wish has been confirmed, Ambulance Wish Singapore sets out to create a memorable and meaningful wish experience for the patient.

We strive to give timely attention to all wish requests and will liaise closely with the patient's healthcare team to ensure that the patient's health condition allows the wish plan to be carried out.

For any enquiries, kindly send us an email by clicking on this link

Programmes



What Can You Wish For?

Wish requests typically fall into these four major categories. The possibilities, however, are endless because each patient is unique.



I wish to go ...

to a place of personal significance (e.g. home, beach), or attend a loved one's milestone event (e.g. birthday, wedding).



I wish to meet ...

those who mean a lot to me, like my spouse, favourite television personality, childhood friends, or pet.



I wish to have ...

a meaningful experience, like a gathering or staycation with my loved ones, an outing (e.g. zoo, Chinatown), a photoshoot, or something special (e.g. riding a sports car, attending a concert, taking a yacht).



I wish to give ...

back to society or leave a legacy (e.g. recipe book, personal biography, art exhibition).

For any enquiries, kindly send us an email by clicking on this link

Programmes





Hi Maureen, what is your role at Singapore General Hospital (SGH) and how did you start volunteering with AWS?

I am Maureen Ang, a Nurse Clinician specialising in Oncology with 17 years of experience working with oncology patients. I discovered AWS through a colleague about two years ago and became involved with my first wish-granting experience. The satisfaction of going beyond hospital walls, celebrating patients' lives, and fulfilling their final wishes left a lasting impression on me.

Has there been a wish experience that particularly resonated with you?

As a mother of three, I particularly empathise with patients who have young children. One especially memorable wish involved a young father deteriorating rapidly from illness. He had promised his three-year-old daughter a visit to Bird Paradise—a promise he feared would remain unfulfilled. Our team coordinated with medical staff to arrange for home leave and managed his condition throughout the day. We captured precious memories and even created a wax mould of their clasped hands as a lasting memento for his daughter.

The significance lay not just in the outing itself but helping a father fulfil his final promise to his daughter despite time running out. Enabling him to be the father he aspired to be in his final days brought him peace.

Can you describe a time when volunteering shifted your perspective?

The most moving aspects often lie in subtle moments. During the Bird Paradise visit, despite his pain and medical equipment, the father held his daughter close, smiling through his discomfort as if trying to preserve each moment.

This experience transformed my understanding of end-of life care, highlighting that our role extends beyond clinical duties—we become witnesses to people's final chapters.

How do you balance your healthcare duties with volunteer wish-granting?

Balancing work, family, personal commitments, and volunteer wish-granting presents its challenges. Our success relies on teamwork—SGH has nearly 30 volunteers who collaborate closely to fulfil patients' wishes. Time management is crucial, particularly given the urgency of many cases. When we receive a wish request, our team acts swiftly to fulfil it while patients are still alert. We prioritise patient and family preferences, making this possible through our team's shared commitment and diverse capabilities.

What legacy do you hope your volunteer work creates for your loved ones?

I regularly share my volunteering experiences with my children, emphasising the importance of cherishing relationships. My husband also participates in wishes I undertake, and my children contribute through craft work and preparation.

As a family, we also support other voluntary organisations. This shared experience has strengthened our relationship and fostered personal growth, deepening our connection and enhancing our communication and empathy.



Maureen, along with other AWS volunteers fulfilling a wish

What clinical or personal indicators suggest a patient might benefit from a wish experience?

The identification process involves both clinical signs and subtle personal cues. Clinically, we look for patients whose conditions are deteriorating, particularly those transitioning to end-of life care. The medical team often highlights cases where treatment focus shifts from curative to palliative care. We pay attention to patients showing emotional distress, unresolved goals, or withdrawal symptoms.

Our team communicates regularly about such patients, conducting deeper checkins with them and their families. Medical teams and social workers also refer patients to AWS. We often notice families hinting at unfulfilled wishes, and we use the question "What matters most to you now?" to explore possibilities.

What key lesson about referrals have you learned through wish-granting?

The most valuable insight has been learning to listen for unspoken wishes—those quiet hopes embedded in everyday conversations.

This has transformed my approach to identifying referral opportunities, moving beyond clinical decline to recognise emotional and relational needs.

What advice would you give to healthcare professionals considering AWS volunteer work?

Volunteering deepens one's compassion and helps focus on what truly matters to the person behind the patient. As clinicians, while we're trained in symptom management and care planning, there's much more to alleviating suffering beyond pharmacological interventions. Volunteering enables us to transcend routine clinical tasks, teaching us to listen differently and honour patients' wishes in ways that extend beyond medicine.

My advice is simple: approach this work with an open heart. Be prepared to learn not only about others but also about yourself. These experiences will resonate far beyond bedside nursing care.

We extend our sincere gratitude to Maureen and the Singapore General Hospital team for their valuable insights and professional expertise.

Ready to make a difference?



THANK YOU

Thank you for your generous support of Ambulance Wish Singapore. Your kindness enables us to fulfil the deeply personal wishes of patients, bringing comfort and joy to them and their loved ones during their most meaningful moments.

With your help, we are creating lasting memories, one wish at a time.

Kingsblade Asia	\$5,188
Pun Im Private Dining	\$3,350
XPressflowers	\$2,000
Tanya T	\$2,000
Foresight Metal Engineering Pte Ltd	\$2,000

Make A Donation

Your heartfelt generosity will empower us to touch more lives within our community.

*Donations of \$\$50.00 and above are eligible for 250% tax deduction.







THE WISH IST

Mid-Autumn Charity Box



11 August - 6 October 2025

This Mid-Autumn, Ambulance Wish Singapore and <u>Fairmont Singapore</u> come together in a meaningful collaboration. A curated selection of limited edition charity gift boxes will be offered, with every contribution dedicated to fulfilling the final wishes of terminally ill patients.

From now till 6 October 2025, this initiative invites you to celebrate the season by bringing comfort, hope, and cherished moments to those in their most vulnerable time.

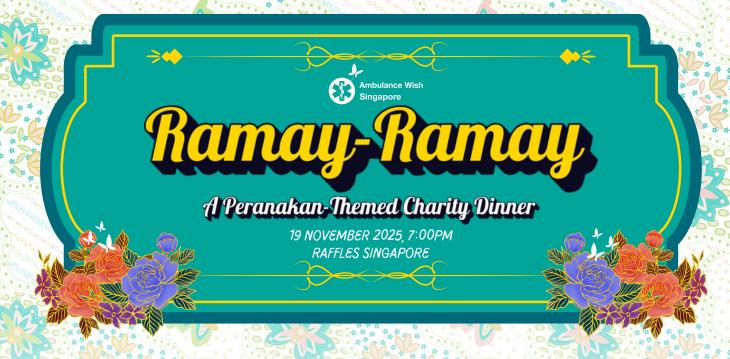
How You Can Support

- 1. Purchase the limited-edition charity box at SGD148 via the Fairmont At Home website.
- 2. Donate directly to Ambulance Wish Singapore via Credit Card.
- 3. Donate directly to Ambulance Wish Singapore via Giving.SG.

For more information, visit our website below:

<u>Ambulance Wish Singapore</u>





Join us for an unforgettable evening of heritage and charity on 19 November 2025, Wednesday at the iconic Raffles Singapore.

The festivities begin with **registration & cocktails at 6:00 PM**, followed by a vibrant celebration of Peranakan culture, through riveting performances. Founding member of the Singapore Symphony Orchestra (SSO) and Cultural Medallion for Music awardee, **Lynnette Seah**, will dazzle us with pieces played on her 1750 Jean-Baptiste Gabrielli violin. Lynnette, who is not only an acclaimed violinist but also a private dining chef, will be working with Raffles Singapore to create a specially curated menu.

Guests will have an opportunity to **hear from our beneficiaries** on the transformative power of a wish and stand a chance to win **attractive prizes** in an exciting raffle draw.

Be part of this special night, where every moment honours Singapore's rich legacy while making a difference to the lives of the terminally ill.



Enjoy Early Bird Rates!

Enjoy **early bird rates** when you purchase your tickets by **31 August 2025**.



https://tinyurl.com/ramayramay



Volunteering

Ambulance Wish Singapore is guided by a core belief: that ordinary people working together can make a difference to the community we live in. Each one of us has the ability to make a positive impact, to change someone's life for the better or to simply bring some cheer in trying times.

In supporting terminally ill patients through the simple but deeply meaningful act of wish granting, we aim to also inspire and increase the opportunity to unleash the leadership potential of all our volunteers, regardless of age and background. We hope to spark a national movement to empower our volunteers to create sustainable change and transform the meaning of volunteerism.

We believe every person can be a force for good and make positive changes with your compassion and commitment to serve. There are many ways you can help and every bit helps.

Sign Up Now!

Volunteer Application Form



Please Note:

- All volunteers need to be at least 18 years of age.
- All new volunteers are required to go for a training session prior to a wish assignment. We will contact you when a training session becomes available.
- Please note that we have a long list of untrained volunteers and it may take a while for you to receive your training. We seek your patience and understanding.

For any enquiries, kindly email <u>programmes@ambulancewishsingapore.com</u>



Partner Us

The work of Ambulance Wish Singapore is made possible because of the generous contributions from individuals, corporations and others who share our belief that every patient deserves the opportunity to have their wishes fulfilled. Every gift we receive will make a difference in our wish granting work.

We invite you to learn more about the impact that your gift can make and partner with us to further the work of Ambulance Wish Singapore.



Make A Donation

Your generous contribution will help us reach more patients in our community, to make a meaningful difference to them.



*Donations of \$\$50 and above are eligible for 250% tax deduction.

Fundraising

Do what you love and make it count!

Creating your own fundraiser is fun and easy! We have a slew of ideas for your pick, or simply come up with your own. Whatever you decide, we are here to help every step of the way.

Once you've registered your fundraiser, we will provide all necessary tips and tools to make it a success. Drop us a line and share with us your fundraising ideas.

We would love to hear from you!

3

Leave A Legacy

We hope you will consider including
Ambulance Wish Singapore in your estate or
financial plans. By leaving a meaningful
legacy, you will not only leave a lasting
footprint, your contributions will help the work
of Ambulance Wish Singapore continue for
years to come.

Please consult your tax, legal or financial advisors regarding the specific details and outcomes of making a Legacy Gift to Ambulance Wish Singapore as well as to help you determine which approach is best for you.

There are several options available in making a Legacy Gift. These include:

- A bequest in your will
- Designating Ambulance Wish Singapore as a beneficiary of a life insurance policy

To register or for enquiries, please contact us at <u>contact@ambulancewishsingapore.com</u>

Establishing a trust

For any questions with regard to your Legacy Gift, please contact us at contact@ambulancewishsingapore.com.



All request for information will remain confidential.





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