April - June 2025

Issue 3





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### **Make A Donation**

Scan the QR code using your mobile banking app OR select PayNow and key in our UEN 201916704W. For tax deduction purpose, please enter the following details into the reference field: WEB<space>NRIC/FIN/UEN

Please ensure that your NRIC/FIN/UEN is provided if you would like to receive tax deduction. Your donation will be submitted by Ambulance Wish Singapore for tax deduction and it will be automatically reflected in your next tax bill (Notice of Assessment) if you have provided a valid NRIC/FIN/UEN number.



\*Donations of S\$50.00 and above are eligible for 250% tax deduction.

# **FOREWORD**

As Ambulance Wish Singapore celebrates its 6<sup>th</sup> anniversary, I find myself reflecting on the profound journey we have shared. 6 years ago, a small group of us came together with a simple mission—to bring joy, comfort and cherished moments to those facing life's most difficult journey. Today, that has blossomed into a movement fueled by collective compassion, touching many lives and creating memories that shine brightly in the hearts of those we serve and their loved ones.

Time and again, I have been humbled by the resilience of our beneficiaries and their families, whose courage transforms every wish into a story of triumph. Our volunteers, with their unwavering kindness and our supporters and donors, with their boundless generosity, have shown me how small acts of love, when woven together, can create a tapestry of hope far greater than any one of us could imagine. This milestone is a testament to all of you who have walked alongside us.

We would like to take this opportunity to express our deepest gratitude to Grace Young-Diao, whose exceptional service on the board has left an indelible mark. As she steps down from the Board, we reflect on the invaluable contributions she has made—her thoughtful guidance from our humble beginnings helped steer our organisation through periods of change and expansion, always with a steady hand and a focus on our mission. Her dedication to fostering partnerships and strengthening our foundation has enabled us to reach more beneficiaries than ever before. We are immensely grateful for her commitment to our cause. While we will miss her presence on the Board, we are glad she will continue as a volunteer wish granter.

It is in this same spirit of growth and continuity that we also extend a warm welcome to Heather Yang-Carmichael to our Board of Directors. Heather brings a wealth of experience in governance, operations and cross-sector collaboration from her leadership roles at organisations like the Global Centre for Maritime Decarbonisation and United World College South East Asia. Her strategic perspective will be invaluable as we continue to grow and deepen our impact.

In this edition of Wish Beat, we invite you to journey with us through stories of courage and quiet triumph; the beneficiaries who remind us of the strength of the human spirit, the volunteers who give their time so selflessly and the collective effort that turns wishes into reality.

As we look ahead—we remain steadfast in our mission—to celebrate lives and create positive end-of-life experiences. You are the heart of Ambulance Wish Singapore, and together, we will continue to make a difference.

Ai Ling Sim-Devadas Vice Chairperson Ambulance Wish Singapore



### **About Ambulance Wish Singapore**

UEN: 201916704W

Ambulance Wish (Singapore) Ltd. ("Ambulance Wish Singapore") is a registered charity with an Institution of Public Character (IPC) status that celebrates the lives of terminally ill patients in Singapore.

Incorporated in May 2019, our work supports them and their loved ones through the simple but deeply meaningful act of wish-granting. By helping to fulfil these wishes, Ambulance Wish Singapore wants to transform the end-of-life experience for patients with a limited prognosis of less than 12 months, giving them and their families a measure of joy, peace and comfort.

As a volunteer-led organisation, the work of Ambulance Wish Singapore is an extension of the provision of care for the dying that goes beyond the walls of hospitals and hospices, to impact homes and hearts.

Ambulance Wish Singapore strives to fulfil wishes and celebrate lives.

### **Our Mission**

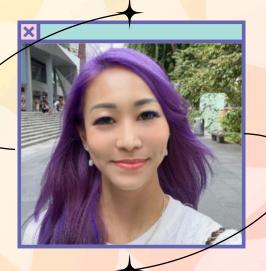
To create positive end-of-life experiences for terminally ill patients through the fulfilment of their final wishes.

### **Our Vision**

To transform the end-of-life experience of terminally ill patients and their loved ones, beyond basic palliative care services.

# Happy Birthday Ambulance Wish Singapore!

As we cel<mark>ebrate</mark> our 6<sup>th</sup> anni<mark>vers</mark>ary, <mark>heartfe</mark>lt wish<mark>es have</mark> been pourin<mark>g in!</mark> Many have shared what Ambulance Wish Singapore (AWS) means to them.



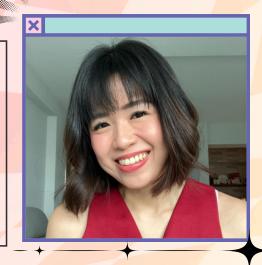
AWS allows people to leave this world with dignity, surrounded by love.

Ziling Felicia Seet Next-of-kin

We do not always have to bring joy to families when the situation just couldn't allow it. Just be there—your presence is the best present, as cliché as it may sound.

I truly appreciate AWS's spirit of humanity and mankind! The world definitely needs more!

May, Make-up Artist AWS Service Provider





What drives me to be in a continuous partnership with AWS is the belief in their mission of celebrating lives and creating memories that AWS volunteers have been translating it through their acts of service to the end-of-life patients and families.

Vivian Koo, HCA Hospice Limited AWS Referrer

Since volunteering with AWS, my personal motto has become:

### Make every last goodbye a beautiful one.

AWS is here to make sure that every last goodbye is filled with love, dignity and cherished memories!

### Jo-Ann AWS Volunteer



### Shou Hsien Singapore Cancer Society AWS Referrer



I would like to thank AWS and their volunteers for taking the time and effort to plan and execute all the wish-granting to the best of their abilities for our patients and their families.

For alone, we can only do so much —but as a community, we can do so much more. Thank you everyone!

I would like to take this opportunity to thank the entire AWS team for their constant support and encouragement towards volunteers such as myself in granting wishes.

I look forward to continue granting wishes with AWS!

### Shivashankar AWS Volunteer







### When Two Great Loves Collide

Mdm Ng Jit Sim 23<sup>rd</sup> February 2025

In a cosy space aptly named Reminiscence room at **Society for the Aged Sick (SAS)**, Mdm Ng was surrounded with the love of family, volunteers and her lifelong idol—Andy Lau.

Through a collaborative effort between her family, AWS, Tan Tock Seng Hospital (TTSH) Project Care and SAS, we hosted a Durian party for Mdm Ng featuring a screening of one of Andy Lau's concerts.

Mdm Ng, 84, has battled aggressive cancer for years and is now in the final stages of her illness, where our focus is on providing comfort and care in her remaining days.

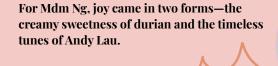
Though currently bedbound, Mdm Ng remains mentally sharp. She enjoys occasional games of Mahjong on her tablet and listening to her favourite Andy Lau songs.

When greeted at her party with a life-sized cutout of Andy Lau, her face lit up with the widest smile. One might call her his greatest fan—she knows all his songs by heart yet watches his concert recordings with undimmed enthusiasm each time.

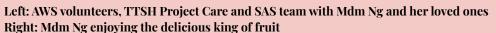
During the party, AWS volunteers and her family indulged Mdm Ng's sweet tooth with durian, longans and chocolates—all of which were among her favourite sweet treats.

The durian party drew to a close with the song 爱你一万年 (Love You 10,000 Years)—one of Mdm Ng's favourite Andy Lau tunes. It is a song about an unchanging heart and a love that transcends time.

Written in collaboration with Society for the Aged Sick.











## **Borrowed Time**

Ms Kwan Yu Ling 3<sup>rd</sup> February 2025

Ms Yu Ling missed what most would take for granted—going home. She yearned to embrace her 75 year-old mother once more.

Thanks to volunteers Jill, Yu Shan, and Joanne, her wish came true at the perfect moment. Her home was thoughtfully adorned with vibrant Chinese New Year decorations, welcoming her just in time for the festivities.

The volunteers curated a day for the mother-daughter pair to cherish. A simple but meaningful gathering for a meal.

Defying her Leukemia prognosis by three years, Ms Yu Ling had waited patiently for this homecoming—a testament to her quiet resilience and strength.

Dressed in auspicious red for the celebration, Ms Yu Ling radiated barely-contained joy.





Top: Photo of Ms Yu Ling and her mother taken outside their home

Bottom: Ms Yu Ling poses for a photo with her medical social worker, mother and AWS volunteers—Joanne, Jill and Yu Shan



Her mother, though a woman of few words, stood with quiet composure, yet her eyes betrayed the same eager anticipation. Though she seldom showed her emotions, her mother's quiet gestures spoke volumes.

She carefully arranged the modest spread and set aside Ms Yu Ling's favourite strawberry yogurt drink, each movement revealing a heart full of unspoken love.

In this ordinary yet extraordinary morning of shared meals and laughter, time seemed to pause, gifting them what mattered most: the pure, unfiltered joy of being together, home at last.



A special thanks to The Plattering Co. for fuelling the day with their delicious spread and to the behind-the-scenes volunteers who orchestrated every detail. From the first coffee pour to the last Q&A, this training was not just about preparation—it was the first step in a collective promise to turn compassion into action.

**Volunteer Application Form** 

# **Outreach Sharing**

### **Ongoing**

We are honoured to have been invited by various organisations to share about our mission and the profound impact of fulfilling our beneficiary's wishes. These collaborations have allowed us to raise awareness, inspire action and build meaningful partnerships.

If you would like us to share our work with your organisation—whether through talks, workshops or collaborative events—please reach out to us by clicking on the link below.







Sharing with National Cancer Centre Singapore, 11 March 2025

### **Gift of Love**

Singapore Cancer Society 14<sup>th</sup> February 2025

AWS was invited by **Singapore Cancer Society** to participate in their Gift of Love event to share our mission. It was an impactful gathering designed to help attendees secure their own and their loved ones' futures.

This meaningful initiative served as a powerful reminder that proactive planning is both an act of love and a continuation of life's celebration, aligning perfectly with our shared mission to honour every individual's journey with compassion and purpose.





AWS volunteers sharing our cause at Singapore Cancer Society

11

# REFERA WISH

Four simple steps to fulfilling our patients' one true wish

Form must be completed and signed by patient, next-of-kin or official referrer (physician/medical social worker).

### **Wish Request Form**



Wish Eligibility - Ambulance Wish Singapore will do the necessary check to confirm whether the patient is medically eligible to receive the wish.

Anyone aged **19 and above** who has **<12 months prognosis**. This includes people whose death is imminent (expected within a few hours or days) and those with:

- End-stage conditions, for example, organ failure and late-stage cancer
- General frailty and co-existing conditions that mean they are expected to die within 12 months
- Conditions that put them at risk of dying from a sudden acute crisis
- Life-threatening acute conditions caused by sudden catastrophic events
- Is Singaporean or Permanent Resident
- Has not received a wish from another organisation

Patient who may be eligible to receive a wish can be referred by:

- Medical professionals (e.g. doctor, nurse, allied health professional, medical social worker)
- Potential wish recipient
- Family members with detailed knowledge of patient's current condition

3 Determining the Wish

Ambulance Wish Singapore assigns a team of volunteer wish granters to carry out the wish request.

With the assistance of medical social worker/wish referrer, wish granters will have a chat with the patient/next-of-kin to determine what their one true wish will be.

● Granting the Wish

Once the wish has been confirmed, Ambulance Wish Singapore sets out to create a memorable and meaningful wish experience for the patient.

We strive to give timely attention to all wish requests and will liaise closely with the patient's healthcare team to ensure that the patient's health condition allows the wish plan to be carried out.

For any enquiries, kindly send us an email by clicking on this link

# What Can You Wish For?

Wish requests typically fall into these four major categories. The possibilities, however, are endless because each patient is unique.



I wish to go ...

to a place of personal significance. E.g. a beach, park, museum, concert or attend a loved one's wedding/graduation ceremony.



I wish to meet ...

my favourite television personality, childhood friends, or pet.



I wish to have ...

a gathering with my loved ones and friends, eat my favourite food, have a photoshoot, makeover or something that I have always wanted.



I wish to give ...

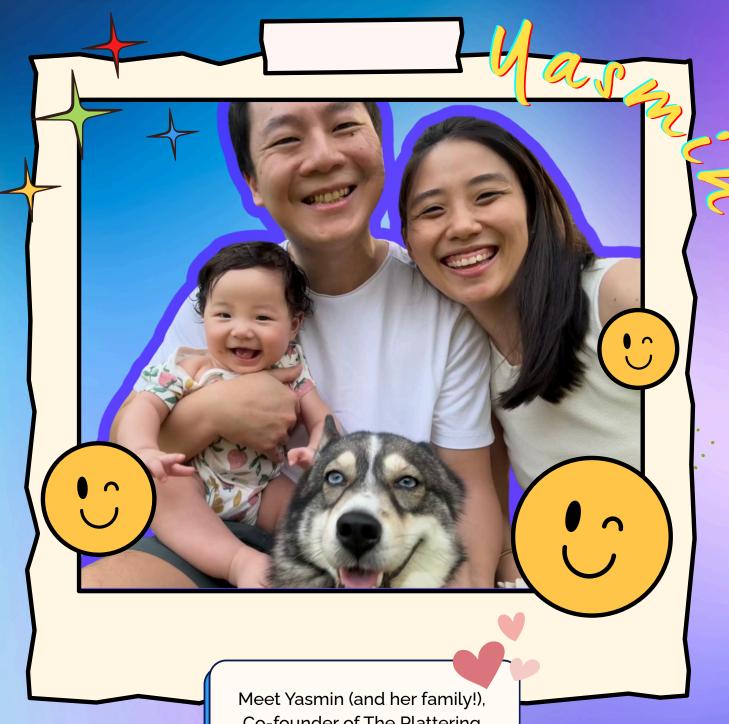
back to the society or my loved ones with a get together.

For any enquiries, kindly send us an email by clicking on this link

**Programmes** 



# SEHIO EVERYWISH



Meet Yasmin (and her family!), Co-founder of The Plattering Co., AWS Service Provider and Volunteer.

# Hi Yasmin! Thank you for taking the time to speak with us. To kick things off, could you tell us a little about yourself?

My name is Yasmin Sim and I'm the co-founder of **The Plattering Co.**, a *bespoke F&B catering company*. We specialise in thoughtfully curated culinary experiences—from grazing tables to bento meals and full-service event catering. At the heart of what we do is a passion for bringing people together through food, beautifully presented and crafted with care.

### How did you stumble upon AWS and what lit the fire for you to take action?

I first heard about AWS in 2020 through my cousin, Ai Ling. I felt an immediate connection to the cause and the meaningful work that AWS does. A few months later, we catered a wedding at CHIJMES, and to my surprise, the bride's father—our client's father—was actually an AWS beneficiary. That moment felt like a clear sign that this was something I was meant to be part of.

### As a business owner, what does it mean to you to help fulfill someone's final wish

It means a lot to me. As a business owner, I realise I have the resources and capacity to do more—whether it's creating a beautiful food display or involving my team in something deeply meaningful. There was a time when we sent our team to decorate a simple solemnisation table at the hospital and just being able to add a touch of joy and beauty in such a setting was incredibly moving.

### Find them at theplatteringco.com and on social media @theplatteringco



Left: Carefully curated set-up by Yasmin for a wish beneficiary.

Below: Yasmin (Front), along with fellow AWS volunteers—Vivian and Kenny (in blue AWS shirts) sharing a meal together with wish beneficiary, JunYang (Left) and his sister.

It (AWS) has reminded me of the power of kindness and community.



Ready to make a difference?

**Be A Service Provider** 

Was there a particular wish that left an indelible mark on you—one that changed the way you see your work or stays with you even now?

One wish that left a deep impact on me was JunYang's. He wanted to hold an exhibition at Suntec and we were honoured to sponsor food for his friends and family. What touched me most was what happened after—when he passed on, his sister Weiling ordered food from us for his wake. After the wake, she sent me a screenshot of a handwritten letter from JunYang, addressed to me, thanking me. That moment will stay with me forever.

How would you inspire other providers to turn compassion into action when it comes to granting wishes?

Do not wait. I used to tell myself, "I will volunteer when I have more time." But the truth is, there is never a "perfect" time. Just say yes—and you will realise that even the smallest gesture can make a world of difference.

As we wrap up, is there a thought, lesson, or moment from your journey you would love to leave us with?

I am truly grateful to be part of AWS. It has reminded me of the power of kindness and community—and how, even in the most difficult moments, we can bring comfort and meaning to someone's life through small, heartfelt acts.

I am also very happy that my husband shares the same passion and has embraced it both in our personal lives and in our company's values. It's something we have woven into the way we live and lead—both at home and at work. Being able to give back together makes the journey even more meaningful.

# THANK YOU

Thank you for your generous support in helping Ambulance Wish Singapore fulfil the heartfelt wishes of patients and bring comfort during their most meaningful moments.

DMX Projects Pte. Ltd.

\$5,000

**Tooh Hui Leng** 

\$2,000

#### **Make A Donation**

Your heartfelt generosity will empower us to touch more lives within our community.

\*Donations of S\$50.00 and above are eligible for 250% tax deduction.

Credit Card

Giving.sg



# THE WISH LIST

## **Ambulance Wish Singapore Charity Draw**

14 April - 25 May 2025

The Ambulance Wish Singapore Charity Draw 2025 is in full swing!

Don't miss your chance to be part of this exciting event while supporting a meaningful cause. Tickets are available for just \$3 at all Singapore Pools outlets and retailers.

### **How You Can Support**

Tickets are available for purchase at all Singapore Pools branches and authorised retailers throughout the charity draw period. You may also purchase tickets by emailing us at contact@ambulancewishsingapore.com

Alternatively, you may donate directly to Ambulance Wish Singapore via the following: 1st Prize

\$6,888

2nd Prize

\$3,888

**3rd Prize** 

\$1,888

4th to 5th Prize

\$288

6th to 15th Prize

\$88

### **GIVING.SG**







\*Donations of S\$50.00 and above are eligible for 250% tax deduction.

For more information, visit our website below:

Ambulance Wish Singapore

#### **Draw Date**

Wednesday, 25 June 2025 — 10.30 AM Braddell House, 1 Lor 2 Toa Payoh, #07-01, Singapore 319637

\*\*Terms & Conditions Apply.





# **Coaching for the Community**

# **Executive Coach International Ongoing**

Ambulance Wish Singapore is pleased to announce our collaboration with Executive Coach International (ECI) for the Coaching for the Community initiative. This meaningful partnership aligns with our shared commitment to creating profound impact—where their focus on life's meaningful transitions through coaching complements our mission to fulfil final wishes with dignity and compassion.

### **How You Can Support:**

1. Sign up for a free coaching session



2. Donate directly to AWS via





# **Teo Heng Collaboration**

### All Teo Heng Outlets Ongoing

Ambulance Wish Singapore is honoured to partner with Teo Heng KTV, an organisation that shares our commitment to creating meaningful experiences. This collaboration reflects our aligned values in bringing joy and comfort to individuals during life's most significant moments.



### **How You Can Support:**

- 1. Visit any Teo Heng outlet and look out for our posters. Scan the QR code to make a donation
- 2. Donate directly to AWS via



# "AWS brings continual lessons on how to live with gratitude and serve others with a heart."

Lee Keng, Ambulance Wish Singapore Volunteer



# **Volunteering**

Ambulance Wish Singapore is guided by a core belief: that ordinary people working together can make a difference to the community we live in. Each one of us has the ability to make a positive impact, to change someone's life for the better or to simply bring some cheer in trying times.

In supporting terminally ill patients through the simple but deeply meaningful act of wish granting, we aim to also inspire and increase the opportunity to unleash the leadership potential of all our volunteers, regardless of age and background. We hope to spark a national movement to empower our volunteers to create sustainable change and transform the meaning of volunteerism.

We believe every person can be a force for good and make positive changes with your compassion and commitment to serve. There are many ways you can help and every bit helps.

Sign Up Now!

**Volunteer Application Form** 



#### Please Note:

- All volunteers need to be at least 18 years of age.
- All new volunteers are required to go for a training session prior to a wish assignment. We will contact you when a training session becomes available.
- Please note that we have a long list of untrained volunteers and it may take a while for you to receive your training. We seek your patience and understanding.

For any enquiries, kindly email programmes@ambulancewishsingapore.com



### Partner Us

The work of Ambulance Wish Singapore is made possible because of the generous contributions from individuals, corporations and others who share our belief that every patient deserves the opportunity to have their wishes fulfilled. Every gift we receive will make a difference in our wish granting work.

We invite you to learn more about the impact that your gift can make and partner with us to further the work of Ambulance Wish Singapore.



### **Make A Donation**

Your generous contribution will help us reach more patients in our community, to make a meaningful difference to them.



\*Donations of \$\$50.00 and above are eligible for 250% tax deduction.

## **Fundraising**

Do what you love and make it count!

Creating your own fundraiser is fun and easy! We have a slew of ideas for your pick, or simply come up with your own. Whatever you decide, we are here to help every step of the way.

Once you've registered your fundraiser, we will provide all necessary tips and tools to make it a success. Drop us a line and share with us your fundraising ideas.

We would love to hear from you!

To register or for enquiries, please contact us at <u>contact@ambulancewishsingapore.com</u>

### **Leave A Legacy**

We hope you will consider including Ambulance Wish Singapore in your estate or financial plans. By leaving a meaningful legacy, you will not only leave a lasting footprint, your contributions will help the work of Ambulance Wish Singapore continue for years to come. Please consult your tax, legal or financial advisors regarding the specific details and outcomes of making a Legacy Gift to Ambulance Wish Singapore as well as to help you determine which approach is best for you.

There are several options available in making a Legacy Gift. These include:

- A bequest in your will
- Designating Ambulance Wish Singapore as a beneficiary of a life insurance policy
- Establishing a trust

For any questions with regard to your Legacy Gift, please contact us at contact@ambulancewishsingapore.com.

All request for information will remain confidential.





### ambulancewishsingapore.com

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