

January - March 2025

Brave, 2021 JunYang Pow

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## Make A Donation

Scan the QR code using your mobile banking app OR select PayNow and key in our UEN 201916704W. For tax deduction purpose, please enter the following details into the reference field: WEB<space>NRIC/FIN/UEN

Please ensure that your NRIC/ FIN/ UEN is provided if you would like to receive tax deduction. Your donation will be submitted by Ambulance Wish Singapore for tax deduction and it will be automatically reflected in your next tax bill (Notice of Assessment) if you have provided a valid NRIC/ FIN/ UEN number.



\*Donations of S\$50.00 and above are eligible for 250% tax deduction.

## FOREWORD

Dear Friends and Supporters of Ambulance Wish Singapore,

Happy 2025 and Happy Year of the Snake! As we welcome the new year, we reflect on the incredible journey we have shared and the lives we have touched together in fulfilling 121 wishes in 2024.

This year, we remain committed to expanding our reach and impact. We will continue to strengthen our network of volunteers, enhance our services and forge meaningful partnerships to ensure that more individuals can experience the power of a fulfilled wish.

Together, we will create even more moments of love, connection and peace.

Thank you for being part of our mission. May this new year bring you and your loved ones good health, happiness and prosperity.

With gratitude,

Marya Malek Executive Director Ambulance Wish Singapore

## About Ambulance Wish Singapore

Ambulance Wish (Singapore) Ltd. is a registered charity with an Institution of Public Character (IPC) status that celebrates the lives of terminally ill patients in Singapore.

Incorporated in May 2019, our work supports them and their loved ones through the simple but deeply meaningful act of wish-granting. By helping to fulfil these wishes, Ambulance Wish Singapore wants to transform the end-of-life experience for patients with a limited prognosis of less than 12 months, giving them and their families a measure of joy, peace and comfort.

As a volunteer-led organisation, the work of Ambulance Wish Singapore is an extension of the provision of care for the dying that goes beyond the walls of hospitals and hospices, to impact homes and hearts.

Ambulance Wish Singapore strives to fulfil wishes and celebrate lives.

## Our Mission

Our mission is to create positive endof-life experiences for terminally ill patients through the fulfilment of their final wishes.

## **Our Vision**

To transform the end-of-life experience of terminally ill patients and their loved ones, beyond basic palliative care services.

# FULFILLING A WISH

"My exhibition is like a living funeral. It's like my last ditch at life."

JunYang Pow

Canvas Of Memories JunYang Pow

## Canvas Of Memories

In January 2025, Ambulance Wish Singapore fulfilled the heartfelt dream of Pow JunYang, a 31-year-old graphic designer battling rare stage 4 urachal cancer, by organising his solo art exhibition titled **"Canvas of Memories – JunYang Pow"** at Suntec City.

Diagnosed in early 2023, JunYang faced a three-month prognosis after exhausting all treatment options, yet remained determined to leave a legacy that celebrated his passion for art.

Held from 3rd to 5th January, the exhibition featured 56 pieces of his artwork, including intricate digital illustrations and photographs inspired by his travels. A standout series, his blue-and-white collection, reimagined iconic Singaporean scenes through the lens of porcelain tableware designs.

"It's not easy having your life suddenly uprooted and turned upside down." The artwork was also transformed into merchandise such as T-shirts, mugs and prints, with proceeds donated to Art Outreach Singapore, a charity promoting art appreciation that JunYang deeply believed in.

The event drew the support of distinguished guests, including Her Excellency Ms. Anneke Adema, Ambassador of the Netherlands to Singapore and Brunei, who served as the Guest-of-Honour, as well as President Tharman Shanmugaratnam and Ms Jane Ittogi, who attended to honour JunYang's remarkable journey. Their presence underscored the significance of the event and the community's collective support in making dreams a reality.

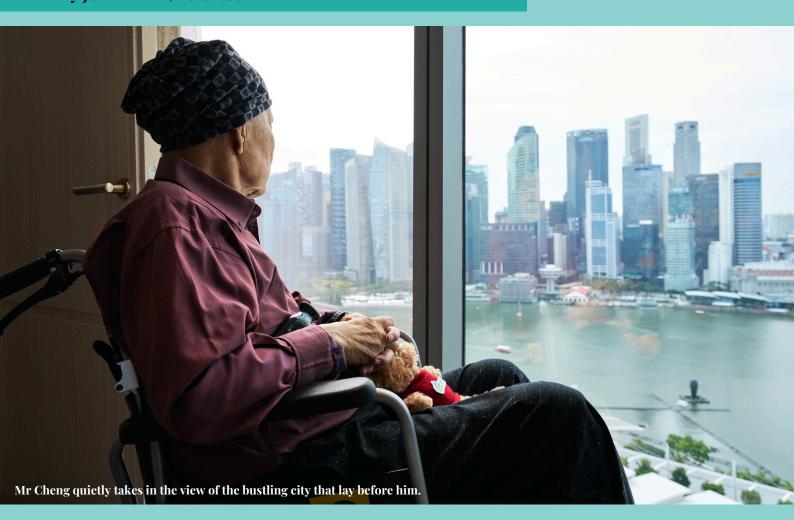
We extend our heartfelt gratitude to our partners and sponsors for their generous support and unwavering commitment, which make our initiatives and impactful work possible - Art Outreach Singapore, APM Property Management Pte Ltd, DMX Projects Pte Ltd, Fotohub, Graffiti Imprint, Olympia Premiums, The Packaging People and The Plattering Co.



From Left: JunYang poses with his fans who wore his artwork as t-shirts; JunYang gives Her Excellency Anneke Adema a tour of the exhibition; JunYang with the volunteers of the exhibition

**JunYang Pow** 

## A Heartwarming Celebration By Jo-Ann Tan, Volunteer



As a volunteer with Ambulance Wish Singapore, I have been part of many special moments, but Mr Cheng's 81st birthday wish is one I will always hold close to my heart. It was more than just a staycation at Marina Bay Sands—it was a day filled with love, joy and the kindness of so many people coming together to celebrate a life well-lived.

From the moment Mr Cheng and his family arrived, his excitement was palpable. He shared how he and his wife had often admired Marina Bay Sands (MBS) while driving past, dreaming of what it would be like to visit. Seeing that dream come true on his 81st birthday was incredibly emotional for everyone involved. The surprises began as soon as he stepped into his Sands Bay 2-Bedroom Suite on the 30th floor. His reaction to the curated balloon decorations, the birthday cake, the breathtaking city skyline view and a heartfelt handwritten card from the MBS Premium Service Team was priceless.

After settling in, the family enjoyed a sumptuous high tea at the Club Lounge. Mr Cheng could not stop raving about the pastries!

## "Even more beautiful than I imagined."

Mr Cheng

However, the real highlight for him was the SkyPark Observation Deck. Watching him quietly take in the 360-degree view of the city, I could see the happiness written all over his face.

"Even more beautiful than I imagined," he said softly, a smile spreading across his face.

The Infinity Pool was another dream fulfilled. As he lounged on a beach chair, surrounded by his family, the casual laughter and conversations made it feel as though time stood still. It was a moment of pure joy—a reminder of the simple, meaningful connections that make life so beautiful.

The day continued with a leisurely stroll through the MBS Shoppes, where Mr Cheng's family captured playful photos, including one outside the casino, "to feel rich," as they joked. Dinner at Putien was another highlight, with the staff arranging a special surprise. Seeing the chef roll out a trolley of longevity buns and fruit, accompanied by the team singing for him, was a moment I will never forget.

Back in his room, Mr Cheng ended the night by watching the Spectra Light & Water Show from his window. To him, this was not just a staycation; it was a celebration of family, love and the beauty of life.



Mr Cheng's successful birthday surprise



From Top: Mr Cheng takes in the view of MBS; Mr Cheng enjoys a refreshing drink with his family on the MBS rooftop.

I felt truly privileged to have witnessed such an intimate and meaningful occasion. It was heartwarming to see how the volunteers, MBS's Premium Service Team, Putien's incredible staff and our wonderful photographer all worked together to make this day truly unforgettable for all.

#### To Mr Cheng and his family,

Thank you for letting me be part of your celebration. It's moments like these that remind us of the importance of love, togetherness and making every day count.

A toast to 81 years of happiness and countless blessings ahead.

Jo-Ann's Message To Mr Cheng and Family

# WISH YOU WERE HERE

## Wish Upon A Christmas 2024

### Fairmont Singapore From 7 November 2024

Ambulance Wish Singapore partnered with Fairmont Singapore to launch the **Wish Upon A Christmas 2024 campaign**. This initiative aimed to raise awareness about the profound impact of granting final wishes to terminally ill patients and to generate funds to support our mission.

Ambulance Wish Singapore expresses its deepest appreciation to **Fairmont Singapore** for their generous support and partnership in the fundraiser campaign. Their efforts in hosting the initiative and facilitating the sale of exclusive teddy bears have been instrumental in raising awareness and vital funds to fulfil the final wishes of terminally ill individuals. Their contributions reflect the true spirit of giving and have left a lasting impact on the community.

The campaign is still currently accepting donations until 28 February 2025.

<u>Giving.sg</u>



lore info here.

## **Volunteers & Partners Appreciation Lunch**

#### Fairmont Singapore 7 December 2024

On 7 December, we hosted our Volunteers & Partners Appreciation Lunch at Fairmont Singapore to honour the invaluable contributions of our partners and volunteers. It was a meaningful gathering filled with gratitude, shared reflections and strengthened connections for the future.



## **REFER A WISH**

#### Four simple steps to fulfilling our patients' one true wish

Form must be completed and signed by patient, next-of-kin or official referrer • • (physician / medical social worker)

### Wish Request Form



Wish Eligibility - Ambulance Wish Singapore will do the necessary check to confirm
whether the patient is medically eligible to receive the wish.

Anyone aged 19 and above who has <12 months prognosis. This includes people whose death is imminent (expected within a few hours or days) and those with:

- End-stage conditions, for example, organ failure and late-stage cancer
- General frailty and co-existing conditions that mean they are expected to die within 12 months
- Conditions that put them at risk of dying from a sudden acute crisis
- Life-threatening acute conditions caused by sudden catastrophic events
- Is Singaporean or Permanent Resident
- Has not received a wish from another organisation



Ambulance Wish Singapore assigns a team of volunteer wish granters to carry out the wish request.

With the assistance of medical social worker / wish referrer, wish granters will have a chat with the patient / next-of-kin to determine what their one true wish will be. Patient who may be eligible to receive a wish can be referred by:

- Medical professionals (e.g. doctor, nurse, allied health professional, medical social worker)
- Potential wish recipient
- Family members with detailed knowledge of patient's current condition



Once the wish has been confirmed, Ambulance Wish Singapore sets out to create a memorable and meaningful wish experience for the patient.

We strive to give timely attention to all wish requests and will liaise closely with the patient's healthcare team to ensure that the patient's health condition allows the wish plan to be carried out.

## What Can You Wish For?

Wish requests typically fall into these four major categories. The possibilities, however, are endless because each patient is unique.



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# **BEHIND EVERYWISH**



Meet Leo, a medical oncology nurse in Ward 48 at Singapore General Hospital

#### What inspired you to become a referrer and wish granter at Ambulance Wish Singapore? How did you first learn about and get involved with us?

I first learned about Ambulance Wish Singapore in 2020, when they helped fulfil my patient's wish to have a tea ceremony in the hospital ward, so he could offer his blessings for his beloved daughter's wedding.

It was deeply touching to see how the Ambulance Wish Singapore wish granters worked alongside W48 nurses and the medical team to make something so meaningful and special happen. The genuine care and generosity of the Ambulance Wish Singapore team inspired me to want to be a part of their family.

#### What does it mean to you personally to help fulfil someone's final wish?

In 2017, I lost my grandmother after a long battle with pancreatic cancer. Our family decided on a compassionate discharge, bringing her home to a place of familiarity and comfort. As a medical oncology nurse, I was thankfully familiar with the process, but this experience was deeply personal for me.

Her wish was simple and I was grateful to be able to honour it. Since then, I have felt a profound emotional connection with my patients and helping to fulfil their wishes has become an integral part of what I strive to do for them.



"Always, always, do it with a joyful heart and treat each wish as if you were doing it for your own loved one."



## Can you share an example of a particularly meaningful or unique wish you referred and/or granted?

One of the wishes I had the privilege of granting was for a patient who knew he would not be able to attend his daughter's wedding but wished to be present for the tea ceremony. Within a short time frame, we coordinated with his daughter and her fiancé to organise a beautiful ceremony.

We arranged for a professional haircut at his bedside, set up the ceremony backdrop with the help of vendors and worked with the nursing management to secure approval for additional visitors in the activity room. Along the way, we also created a surprise video of the patient congratulating his daughter, which was intended to be played on her wedding day.

On the day of the event, doctors, the palliative APN and managers came together to lend a hand and show their support. It was truly an unforgettable moment.

#### What impact have you seen these wishes have on patients and their loved ones?

**THANK YOU** 

These wishes have created lasting, joyful memories for both patients and their loved ones. Having experienced the loss of my grandmother, I understand that death and parting inevitably bring moments of sadness.

However, the cherished memories we create in those final moments endure, easing the pain and offering comfort long after.

#### Thank you for your generous support in helping Ambulance Wish Singapore fulfil the heartfelt wishes of patients and bring comfort during their most meaningful moments.

Mr Khoo Ching Wei Wayne	\$10,000
Zu-Lin Temple Association	\$10,000
Odyssey Technical Solutions Singapore Pte. Ltd.	\$2,000

#### Make A Donation

Your heartfelt generosity will empower us to touch more lives within our community.

\*Donations of S\$50.00 and above are eligible for 250% tax deduction.



# THE WISH LIST

## **Ambulance Wish Singapore Charity Draw**

## 14 April - 25 May 2025

Ambulance Wish Singapore is thrilled to introduce a heartfelt initiative aimed to support our mission.

By purchasing a ticket at any Singapore Pools outlet from 14 April to 25 May 2025, you can play a part in fulfilling a patient's final wish, offering them moments of dignity, closure and happiness in their last days.

This campaign is more than just a fundraiser —it's an opportunity for the community to come together and make a meaningful impact. With every ticket purchased, you not only support this noble cause but also stand a chance to win exciting prizes.

Mark your calendars for the draw on 25 June 2025, at 10:30 a.m.

Your contribution helps create cherished memories for patients and their families, turning their final wishes into reality. Join us in spreading kindness and making a lasting difference.

Visit your nearest Singapore Pools outlet today and be part of this inspiring journey!



#### Draw Date:

Wed, 25 June 2025 | 10:30 AM Braddell House, 1 Lor 2 Toa Payoh, #07-01, Singapore 319637

t Supp



Charity Draw Sales Supported By:



## "Giving our best for what matters to them"

Elaine Chin, Ambulance Wish Singapore

# GET INVOLVED

## Volunteering

Ambulance Wish Singapore is guided by a core belief: that ordinary people working together can make a difference to the community we live in. Each one of us has the ability to make a positive impact, to change someone's life for the better or to simply bring some cheer in trying times.

In supporting terminally ill patients through the simple but deeply meaningful act of wish granting, we aim to also inspire and increase the opportunity to unleash the leadership potential of all our volunteers, regardless of age and background. We hope to spark a national movement to empower our volunteers to create sustainable change and transform the meaning of volunteerism.

We believe every person can be a force for good and make positive changes with your compassion and commitment to serve. There are many ways you can help and every bit helps.

#### Sign Up Now!

#### **Volunteer Application Form**

#### Please Note:

- All volunteers need to be at least 18 years of age.
- All new volunteers are required to go for a training session prior to a wish assignment. We will contact you when a training session becomes available.
- Please note that we have a long list of untrained volunteers and it may take a while for you to receive your training. We seek your patience and understanding.

For any enquiries, kindly email programmes@ambulancewishsingapore.com

## Partner Us

The work of Ambulance Wish Singapore is made possible because of the generous contributions from individuals, corporations and others who share our belief that every patient deserves the opportunity to have their wishes fulfilled. Every gift we receive will make a difference in our wish granting work. We invite you to learn more about the impact that your gift can make and partner with us to further the work of Ambulance Wish Singapore.



## Make A Donation

Your generous contribution will help us reach more patients in our community, to make a meaningful difference to them.



\*Donations of S\$50.00 and above are eligible for 250% tax deduction.

## Fundraising

Do what you love and make it count!

Creating your own fundraiser is fun and easy! We have a slew of ideas for your pick, or simply come up with your own. Whatever you decide, we are here to help every step of the way. Once you've registered your fundraiser, we will provide all necessary tips and tools to make it a success. Drop us a line and share with us your fundraising ideas.

We would love to hear from you!

To register or for enquiries, please contact us at **<u>contact@ambulancewishsingapore.com</u>** 

## Leave A Legacy

We hope you will consider including Ambulance Wish Singapore in your estate or financial plans. By leaving a meaningful legacy, you will not only leave a lasting footprint, your contributions will help the work of Ambulance Wish Singapore continue for years to come. Please consult your tax, legal or financial advisors regarding the specific details and outcomes of making a Legacy Gift to Ambulance Wish Singapore as well as to help you determine which approach is best for you.

There are several options available in making a Legacy Gift. These include:

- A bequest in your will
- Designating Ambulance Wish Singapore as a beneficiary of a life insurance policy
- Establishing a trust

For any questions with regard to your Legacy Gift, please contact us at <u>contact@ambulancewishsingapore.com</u>.

All request for information will remain confidential.





### ambulancewishsingapore.com Braddell House, 1 Lorong 2 Toa Payoh 319637 #07-01



@AmbulanceWishSG

Crystal, 2021 JunYang Pow